



PHYSIOTHERAPY

&

SPORTS MASSAGE

Specializing in the needs of athletes,
working with your coach to get
the treatment you need.

Whole body stability focused approach.
Individual musculoskeletal assessment to develop
your specific core exercise program.

Pre and post event and maintenance treatment.
Trigger point and Deep Tissue techniques.

Physiotherapy \$85 per session

Massage \$90 per hour

Or \$50 per half hour

*Please note a 50% fee will apply for failure to attend appointment
or cancellation with less than 24 hours notice.

Email body.control@bigpond.com or

☎ Call 0430125087 for an appointment

Leia & Hudson

Effective July 1st 2010